

**NAMDEV PUBLIC SCHOOL,**

**Gangoh (S.R.E.)**



**CLASS – PRE. NURSERY**

**(Calendar, Syllabus & M.V.+G.K. Booklet)**

**2023-24**

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## Holidays & festivals (2023-24)

| April             |  | 2023                      |
|-------------------|--|---------------------------|
| 21 April          |  | Last Friday               |
| 22 April          |  | Eid-Ul-Fitar              |
| May               |  | 2023                      |
| 29 May to 30 June |  | Summer Break for Students |
| August            |  | 2023                      |
| 31 Aug.           |  | Raksha Bandhan            |
| September         |  | 2023                      |
| 7Sept.            |  | Janmashtami               |
| October           |  | 2023                      |
| 22 Oct.           |  | Durga Ashtami             |
| 23 Oct.           |  | Navami                    |
| 24 Oct.           |  | Dussehra                  |
| November          |  | 2023                      |
| 11Nov. to 15 Nov. |  | Diwali Holidays           |
| <b>New Year</b>   | <b>January 2024</b><br>(Winter break depends on weather condition) |                           |
| March             |  | 2024                      |
| 27 March          |  | New Year Celebration      |
| 8 March           |  | Mahashivratri             |
| 24 & 25 March     |  | Holi                      |

# Dates of Celebrations 2023-24

## **April 2023**

|                 |          |                                    |
|-----------------|----------|------------------------------------|
| <b>13 April</b> | Thursday | Jalian walah Bag Massacre day 1919 |
| <b>14 April</b> | Friday   | B.R. Ambedkar Jayanti              |
| <b>17 April</b> | Monday   | School Foundation Day              |
| <b>22 April</b> | Saturday | World Earth Day                    |

## **May 2023**

|              |        |                          |
|--------------|--------|--------------------------|
| <b>5 May</b> | Friday | Mother's Day Celebration |
|--------------|--------|--------------------------|

## **June 2023**

|                |           |          |
|----------------|-----------|----------|
| <b>21 June</b> | Wednesday | Yoga Day |
|----------------|-----------|----------|

## **July 2023**

|                |           |                    |
|----------------|-----------|--------------------|
| <b>26 July</b> | Wednesday | Kargil Vijay Diwas |
|----------------|-----------|--------------------|

## **August 2023**

|                         |            |                         |
|-------------------------|------------|-------------------------|
| <b>14 &amp; 15 Aug.</b> | Mon. & Tu. | <b>Independence Day</b> |
| <b>30 Aug.</b>          | Wednesday  | Rakhi Celebration       |

## **September 2023**

|                           |           |                                  |
|---------------------------|-----------|----------------------------------|
| <b>5 Sep.</b>             | Tuesday   | Teachers Day                     |
| <b>6 Sep.</b>             | Wednesday | Janmashtami Celebration          |
| <b>14 Sep.</b>            | Thursday  | Hindi Diwas                      |
| <b>29 Sep. to 13 Oct.</b> |           | (During assembly Geeta Mahotsav) |

## **October 2023**

|                           |        |                                       |
|---------------------------|--------|---------------------------------------|
| <b>2 Oct.</b>             | Monday | Gandhi & Lal Bahadur Shashtri Jayanti |
| <b>16 Oct. to 21 Oct.</b> |        | Ramleela Manchan /Sports Week         |

## **November 2023**

|                |        |                                      |
|----------------|--------|--------------------------------------|
| <b>10 Nov.</b> | Friday | Diwali Celebration/Children Day Cel. |
|----------------|--------|--------------------------------------|

## **December 2023**

|               |        |                        |
|---------------|--------|------------------------|
| <b>8 Dec.</b> | Friday | Annual Day Celebration |
|---------------|--------|------------------------|

## **January 2024**

|                |        |                      |
|----------------|--------|----------------------|
| <b>26 Jan.</b> | Friday | <b>Republic Day,</b> |
|----------------|--------|----------------------|

## **February 2024**

|                |          |                 |
|----------------|----------|-----------------|
| <b>14 Feb.</b> | Saturday | Basant Panchami |
|----------------|----------|-----------------|

# Syllabus for Play Class

## 1st Term Exam (Oral )

**Hindi** - स्वर अ से अः तक मौखिक ।

**Hindi Poem** - भालू , मछली, एक स्वर , डॉक्टर भैया ।

**English** - Alphabet oral A to H with picture.

**Poem**- Early to bed, Jingle bells, I see the moon, Johnny Johnny.

**Maths** - Counting 1 to 5, Recognize 1 to 5.

**Shapes** - Circle, Square

**M. V.-** गायत्री मंत्र , विश्व कल्याण मंत्र

**प्रार्थना -**

1. इतनी शक्ति हमें देना दाता .....
2. Thank you God for the food.....

**दोहे-**

1. माटी कहे कुम्हार से .....
2. ऐसी वाणी बोलिए .....
3. बुरा जो देखन .....
4. गुरु गोविंद दोउ खड़े .....

**Story-** प्यासा कौआ

**G.K.-** Polite words, question answer **Ch. -1** to 4 from booklet **page no. 27**

Question 1,2,3.

☞ Opposite words from M.V. book

Picture book page no 1 to 5.

**Ch.-** 1 Colours (any 3 Ques. /Ans. )

**Ch.-** 2 National symbols (any 3 Ques./Ans. )

**Ch.-** 3 Flowers (any 3 Ques./Ans. )

**Ch.-** 4 Fruits (any 3 Ques./Ans. )

**Ch.-** 5 Vegetables (any 3 Ques./Ans. )

▪Action words (10)

## Conversations

☞ Question 1 to 5

☞ **Ch.** – 2 – 1 to 13 (Daily uses sentences)

☞ **Ch.** – 3 – 1 to 16 (Daily uses Verbs)

☞ **Ch.** – 4 – 1 to 13 (Antonyms)

☞ **Ch.** – 5 – 1 to 8 (Gender)

☞ **Ch.** – 6 – 1 to 5 (Collective nouns)

☞ **Ch.** – 7 – 1 to 5 (Some Phrases)

☞ **Ch.** – 8 – 1 to 3 (Some Proverbs)

☞ **Ch.** – 9 – 1 to 10 (Animals Babies and their Sound)

☞ **Ch.** – 10 – 1 to 16 (Actions Words)

☞ **Ch.** – 11– Eng. Song – Clap-Clap, Topic (An Apple)

## 2nd Term Exam (oral)

**Hindi** - व्यंजन क से न मौखिक

**Hindi Poem** - छाता ,दातों की सफाई, छुट्टी ,मोटूराम ,सुंदर तितली ,अक्कड़ बक्कड़

**English**- Alphabet oral A to P with picture.

**English Poem-** Little nose, Jack and Jill, Roses are red, Twinkle- Twinkle, One two, **Cobbler.**

**Maths** - Counting 01 to 10 with recognize.

**Shapes** - Circle, square, triangle, rectangle.

**M. V.** - सरस्वती मंत्र ,गुरु मंत्र

**प्रार्थना -**

1. सुबह सवेरे लेकर तेरा नाम प्रभु.....
2. School assembly prayer.

**दोहे -**

1. बड़ा हुआ तो क्या हुआ .....
2. साईं इतना दीजिए .....
3. कबीरा जब हम पैदा हुए .....
4. दुख में सुमिरन सब करें.....

Story- Thirsty crow

**G. K.** - **Ch.** -1 to 8 from booklet **page no. 29, 30**

Polite words question answer.

Question 4 to 7

Opposite words from M.V. book.

Picture book page no. 6 to 10

Ch. - 1 Colours Q1 to Q7

Ch. - 2 National symbols Q1 to Q7

Ch. - 3 Flowers Q1 to Q7

Ch. - 4 Fruits Q1 to Q7

Ch. - 5 Vegetables Q1 to Q7

▪ Action words (10)

Conversations

Question 06 to 10

☞ **Ch.** – 2 – 14 to 26 (Daily uses sentences)

☞ **Ch.** – 3 – 17 to 32 (Daily uses Verbs)

☞ **Ch.** – 4 – 14 to 26 (Antonyms)

☞ **Ch.** – 5 – 9 to 16 (Gender)

☞ **Ch.** – 6 – 6 to 10 (Collective nouns)

☞ **Ch.** – 7 – 6 to 10 (Some Phrases)

☞ **Ch.** – 8 – 4 to 6 (Some Proverbs)

☞ **Ch.** – 9 – 11 to 20 (Animals Babies and their Sound)

☞ **Ch.** – 10 – 17 to 32 (Some Actions Words)

☞ **Ch.** – 11– Eng. Song –Stemp your feet, Topic (An Apple)

### 3rd Term Exam (Oral)

**Hindi** - अ से ज तक वर्णमाला

**Hindi Poems** - बैंगन बोला ,बिटिया रानी, तीन बंदर ,सड़क, तितली रानी ।

**English** - Alphabet A to Z with picture (oral)

**Poems-** Hickory , Engine, See saw, Teddy bear, Clap clap , Ring a ring.

**Maths** - Counting 01 to 20 , recognize -01 to 20.

**Shapes** - Circle, triangle, rectangle, oval, cone.

**M.V.-** प्रातः स्मरण मंत्र ,भोजन मंत्र

## प्रार्थना -

1. हमको मन की शक्ति देना.....
2. Departure Prayer..

## दोहे -

1. साँच बराबर तप नहीं झूट बराबर पाप .....
2. बड़े बड़ाई न करें .....
3. काल करे सो आज कर .....

## Story - The fox and the crow.

### G.K.- Ch. -9 to 12 from booklet page no. 31,32

Polite words question answer

Q7 to Q10.

Opposite words from M. V. book

Picture book page no. 10 to 16

**Ch.** - 1 Colours

**Ch.** - 2 National symbols

**Ch.** - 3 Flowers

**Ch.** - 4 Fruits

**Ch.** - 5 Vegetables

▪ Action words (10)

Conversations

Question 10 to 14

☞ **Ch.** – 2 – 27 to 40 (Daily uses sentences)

☞ **Ch.** – 3 – 33 to 48 (Daily uses Verbs)

- ☞ **Ch.** – 4 – 27 to 40 (Antonyms)
- ☞ **Ch.** – 5 – 17 to 25 (Gender)
- ☞ **Ch.** – 6 – 11 to 15 (Collective nouns)
- ☞ **Ch.** – 7 – 11 to 15 (Some Phrases)
- ☞ **Ch.** – 8 – 7 to 9 (Some Proverbs)
- ☞ **Ch.** – 9 – 21 to 28 (Animals Babies and their Sounds)
- ☞ **Ch.** – 10 – 33 to 50 (Some Actions Words)
- ☞ **Ch.** – 11– All (Eng. Song (Aaj hai Sunday)  
Topic (Carrot)



***Class – Pre. Nursery***

***Moral Values, Conversation & G.K.***

***Moral Values***

विषय सूची

1. वैदिक मंत्र
2. प्रार्थना
3. दोहे
4. कहानी

## Conversation

|                         |                           |
|-------------------------|---------------------------|
| 1- Questions/Answers    | 8-Some Proverbs           |
| 2- Daily Use Sentences  | 9-Animals' Babies Sound   |
| 3-Daily uses vocabulary | 10- Some Action Words     |
| 4-Antonyms              | 11- Salutation /Greetings |
| 5-Gender                | 12- Classroom things      |
| 6-Collective nouns      | 13- English Song          |
| 7-Some Phrases          | 14- Picture Composition   |

### G.K.

|                    |                  |
|--------------------|------------------|
| 1- Flowers         | 7- Transport     |
| 2- Fruits          | 8- Clothes       |
| 3- Vegetables      | 9- Parts of Body |
| 4- Animals         | 10- Colours      |
| 5- Birds           | 11- Our Nations  |
| 6- Home Appliances |                  |

## Chapter - 1



मंत्र

माँ सरस्वती मंत्र



1—

या देवि सर्वभूतेषु, विद्या रूपेण संस्थिरता ।

नमस्तस्यै नमस्तस्यै, नमस्तस्यै नमो नमः ॥

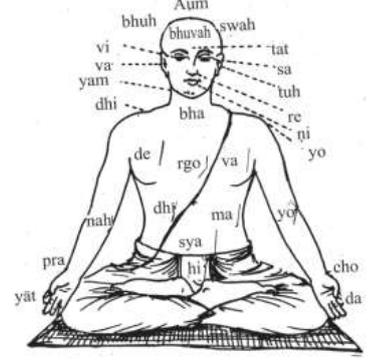
## —:विश्व कल्याण मंत्र:—

- 2— ॐ सर्वे भवन्तु सुखिनः,  
सर्वे संतु निरामया,  
सर्वे भद्राणि पश्यन्तु,  
मा कश्चित् दुःख भाग्भवेत् ।  
ॐ शान्तिः शान्तिः शान्तिः ॥



## गायत्री मंत्र

- 3— ॐ भूर्भुवः स्वः तत्सवितुर्वरेण्यं ।  
भर्गो देवस्य धीमहि, धियो यो नः प्रचोदयात् ॥



## गुरु मंत्र

- 4—  गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः ।  
गुरुर्साक्षात् परब्रह्म तस्मै श्री गुरवे नमः ॥

## प्रातः स्मरण मंत्र

- 5— करग्रे वसते लक्ष्मीः करमध्ये सरस्वती ।  
करमूले तु गोविन्दः प्रभाते करदर्शनम् ॥



# भोजन मंत्र

6—

ॐ सहनाववतु सहनौभुनक्तु ।  
सह वीर्यं करवावहै तेजस्विनावधीतमस्तु ।  
मा विद्विषावहै  
ॐ शान्तिः शान्तिः शान्तिः ।



## Chapter - 2

### Prayer

(School assembly prayer)

Oh God, grant me this boon,  
That I may never refrain from good action!



Oh God .....

That I may fight fearlessly all evils with courage.

### प्रार्थना

इतनी शक्ति हमें देना दाता, मन का विश्वास कमज़ोर हो ना

हम चलें नेक रस्ते पे, हमसे भूलकर भी कोई भूल हो ना

इतनी शक्ति हमें देना दाता, मन का विश्वास कमज़ोर हो ना

हम चलें नेक रस्ते पे, हमसे भूलकर भी कोई भूल हो ना

दूर अज्ञान के हो अँधेरे, तू हमें ज्ञान की रौशनी दे

हर बुराई से बचके रहें हम, जीतनी भी दे भली ज़िन्दगी दे

बैर हो ना किसी का किसी से, भावना मन में बदले की हो ना



## प्रार्थना

सुबह सवेरे लेकर तेरा नाम प्रभु,

सुबह सवेरे लेकर तेरा नाम प्रभु,  
करते हैं हम शुरु आज का काम प्रभु ॥

शुद्ध भाव से तेरा ध्यान लगाये हम,  
विद्या का वरदान तुम्हीं से पाए हम,  
तुम्हीं से है आगाज तुम्हीं से अंजाम प्रभु ।

करते हैं हम शुरु आज का काम प्रभु....

गुरुओं का सत्कार कभी न भूले हम,  
इतना बने महान गगन को छू लें हम,  
तुम्हीं से है हर सुबह तुम्हीं से शाम प्रभु ।

करते हैं हम शुरु आज का काम प्रभु.....

सुबह सवेरे लेकर तेरा नाम प्रभु,  
करते हैं हम शुरु आज का काम प्रभु ॥

## प्रार्थना

**हम को मन की शक्ति देना**

हम को मन की शक्ति देना, मन विजय करें

दूसरों की जय से पहले, खुद की जय करें

हम को मन की शक्ति देना ...

भेद-भाव अपने दिल से, साफ़ कर सकें

दूसरों से भूल हो तो, माफ़ कर सकें

झूठ से बचे रहें, सच का दम भरें

दूसरों की जय से पहले, खुद की जय करें

हम को मन की शक्ति देना ...

मुश्किलें पड़ें तो हम पे, इतना कर्म कर



साथ दें तो धर्म का, चलें तो धर्म पर  
खुद पे हौसला रहे, सच का दम भरें  
दूसरों की जय से पहले, खुद की जय करें

हम को मन की शक्ति देना ...



### Lunch Prayer

Thank you God,  
for the food  
you have given me  
Thank you God,

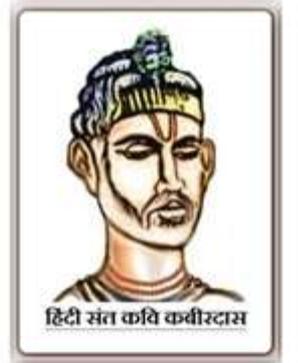
### Departure Prayer

Thank you God for this day  
done our work and done our play.  
Thank you for everything.

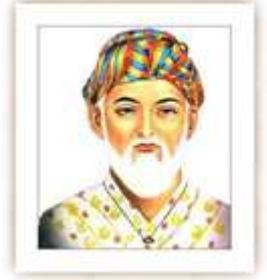
## Chapter- 3

### दोहे

1. माटी कहे कुम्हार से, तू क्यों रौंदे मोय ।  
एक दिन ऐसा आएगा, मैं रौंदूँगी तोय ॥
2. ऐसी वाणी बोलिए, मन का आपा खोए ।  
ओरन को सीतल करे, आपहू सीतल होए ॥
3. बुरा जो देखन मैं चला, बुरा न मिलिया कोय ।  
जो मन खोजा आपना, मुझसे बुरा न कोय ॥
4. गुरु गोविन्द दोऊ खड़े, काके लागो पाय ।  
बलिहारी गुरु आपने, गोविन्द दियो बताए ॥
5. बड़ा हुआ तो क्या हुआ, जैसे पेड़ खजूर ।  
पंथी को छाया नहीं, फल लागे अति दूर ॥
6. साईं इतना दीजिये, जामे कुटुंब समाये ।  
मैं भी भूखा न रहूँ, साधू न भूखा जाए ।



7. कबीरा जब हम पैदा हुए, जग हँसे, हम रोये ।  
ऐसी करनी कर चलो, हम हँसे, जग रोये ॥
8. दुःख में सुमिरन सब करे सुख में करै न कोय ।  
जो सुख में सुमिरन करे दुःख काहे को होय ॥
9. साँच बराबर तप नहीं, झूठ बराबर पाप ।  
जाके हिरदै साँच है, ताके हिरदै आप ॥
10. बड़े बड़ाई न करें, बड़े ना बोले बोल ।  
रहिमन हीरा कब कहै, लाख टका मेरा मोल ॥
11. काल करे सो आज कर, आज करे सो अब ।  
पल में परलय होगी, बहुरी करोगे कब ॥

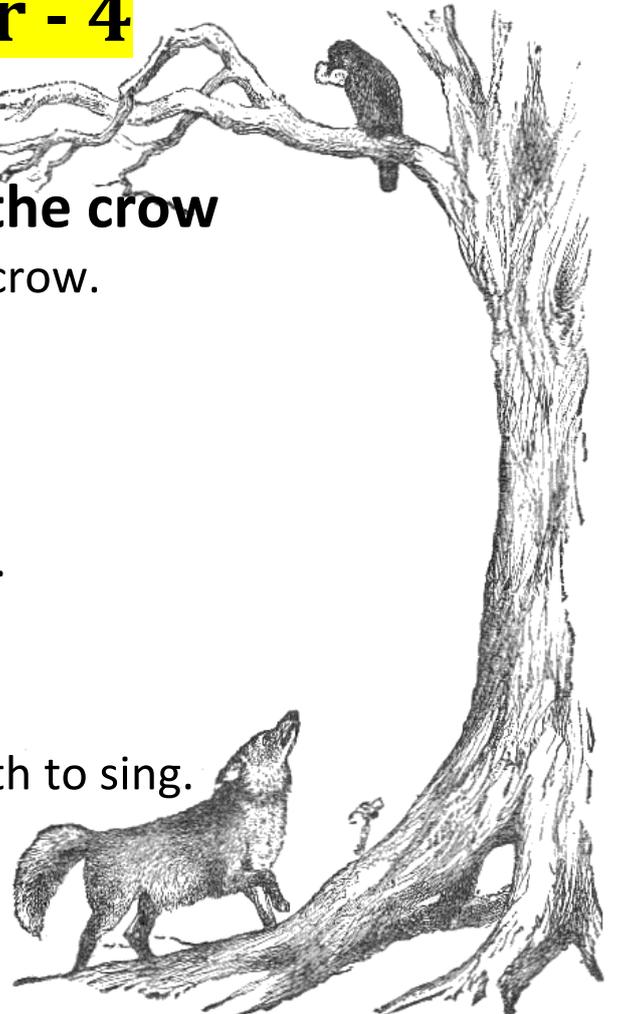


## Chapter - 4

### Story

### The fox and the crow

Once upon a time. There was a crow.  
He had a piece of bread.  
A hungry fox came there.  
His mouth watered,  
when he saw the piece of bread.  
He praised the voice of crow.  
The fox said him to sing a song,  
when the crow opened his mouth to sing.  
The piece of bread fell down.  
The fox ate it and went away.



## Chapter - 5

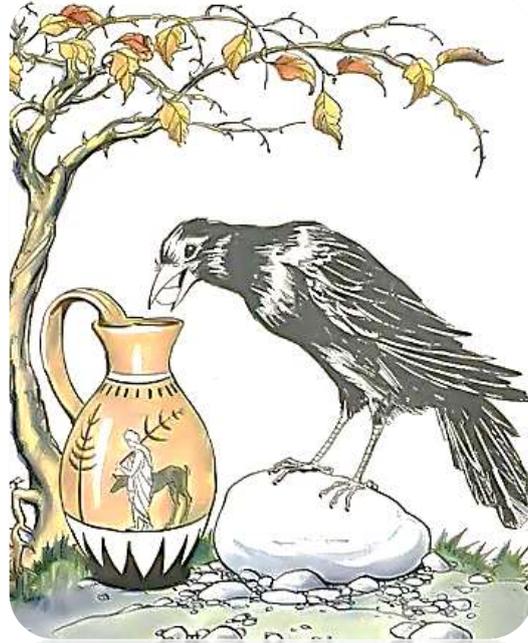
### कहानी- प्यासा कौआ



एक कौआ प्यासा था। घड़े में पानी थोड़ा था।।

घड़े में डाली कंकर। पानी आया ऊपर।।

कौए ने पिया पानी। खत्म हुई कहानी।।



### Thirsty Crow (Story)

A crow was thirsty. It saw a pot.

There was little water in the pot.

It put the pebbles in the pot.

Water came up,

The crow drank water and flew away.

# Chapter - 1

## Conversation (Questions / Answers)

**Q.1-** What is your name?

**Ans.-** My name is .....

**Q.2-** How old are you?

**Ans.-** I am ..... Years old.

**Q.3-** What is your father's name?

**Ans.-** My father's name is .....

**Q.4-** What is your mother's name?

**Ans.-** My mother's name is .....

**Q.5-** What is your brother's name?

**Ans.-** My brother's name is .....

**Q.6-** What is your sister's name?

**Ans.-** My sister's name is .....

**Q.7-** In which class do you study?

**Ans.-** I study in class Pre Nursery.

**Q.8-** Where do you live?

**Ans.-** I live at .....

**Q.9-** In which school do you study?

**Ans.-** I study in Namdev Public School.

**Q.10-** What is the name of your Principal?

**Ans.-** The name of our Principal is **Mrs. Rajni Rajput.**

**Q.11-** Who is your class teacher?

**Ans.-** ..... is my class teacher.

**Q.12-** In which country do you live?

**Ans.-** I live in India.



**Q.13-** In which state do you live?

**Ans.-** I live in Uttar Pradesh state.

**Q.14-** Which is the capital of India?

**Ans.-** New Delhi is the capital of India.

## Chapter - 2

### (Daily Uses Sentences)

|                           |   |
|---------------------------|---|
| 1- Have patience.         | 21- Ma'am please check it.                          |
| 2- Hold it.               | 22- Ma'am he is disturbing me.                      |
| 3- Hold my hand.          | 23- I forgot my notebook at home.                   |
| 4- Hurry up.              | 24- Ma'am I am thirsty.                             |
| 5 - Keep quite.           | 25- Ma'am, may I drink water from my water bottle.  |
| 6 - Look at me.           | 26- Ma'am, may I go to toilet.                      |
| 7- Look here.             | 27- Ma'am, may I go to wash my hands.               |
| 8- Listen to me.          | 28- School is over, by-bye ma'am.                   |
| 9- I know.                | 29- <b>Mummy</b> , I came home from school.         |
| 10- I don't know.         | 30- <b>Mummy</b> , please give me water.            |
| 11- I forgot.             | 31- <b>Mummy</b> , give me a glass of water.        |
| 12- What is this ma'am?   | 32- <b>Mummy</b> , where are my clothes?            |
| 13- What happened?        | 33- <b>Mummy</b> , may, I go to play?               |
| 14- Move a bit.           | 34- <b>Mummy</b> , what is this?                    |
| 15- Let's play game.      | 35- <b>Mummy</b> , May I go to sleep.               |
| 16- How did you get hurt? | 36- <b>Mummy</b> , can I bath.                      |
| 17- My hands are dirty.   | 37- <b>Mummy</b> , please help me.                  |
| 18- You are doing well.   | 38- <b>Mummy</b> , please give me something to eat. |
| 19- Do not touch that.    | 39- <b>Mummy</b> , I am feeling hungry.             |
| 20- I have done my work.  | 40- <b>Mummy</b> , I am feeling sleeping.           |

# Chapter - 3

## Daily uses vocabulary

|           |        |           |       |           |        |
|-----------|--------|-----------|-------|-----------|--------|
| <b>1</b>  | ask    | <b>17</b> | draw  | <b>33</b> | It     |
| <b>2</b>  | away   | <b>18</b> | dig   | <b>34</b> | knife  |
| <b>3</b>  | again  | <b>19</b> | drop  | <b>35</b> | near   |
| <b>4</b>  | around | <b>20</b> | down  | <b>36</b> | little |
| <b>5</b>  | above  | <b>21</b> | exit  | <b>37</b> | she    |
| <b>6</b>  | box    | <b>22</b> | empty | <b>38</b> | this   |
| <b>7</b>  | big    | <b>23</b> | entry | <b>39</b> | that   |
| <b>8</b>  | buy    | <b>24</b> | enjoy | <b>40</b> | there  |
| <b>9</b>  | bring  | <b>25</b> | fun   | <b>41</b> | those  |
| <b>10</b> | both   | <b>26</b> | farm  | <b>42</b> | what   |
| <b>11</b> | come   | <b>27</b> | fast  | <b>43</b> | when   |
| <b>12</b> | call   | <b>28</b> | fine  | <b>44</b> | where  |
| <b>13</b> | close  | <b>29</b> | fairy | <b>45</b> | who    |
| <b>14</b> | candy  | <b>30</b> | guess | <b>46</b> | which  |
| <b>15</b> | carry  | <b>31</b> | he    | <b>47</b> | we     |
| <b>16</b> | do     | <b>32</b> | I     | <b>48</b> | you    |

# Chapter - 4

## Antonyms (Opposites)

|          |       |   |        |  |           |       |   |       |
|----------|-------|---|--------|--|-----------|-------|---|-------|
| <b>1</b> | above | - | below  |  | <b>9</b>  | dark  | - | light |
| <b>2</b> | awake | - | asleep |  | <b>10</b> | day   | - | night |
| <b>3</b> | big   | - | small  |  | <b>11</b> | drop  | - | catch |
| <b>4</b> | black | - | white  |  | <b>12</b> | east  | - | west  |
| <b>5</b> | clean | - | dirty  |  | <b>13</b> | entry | - | exit  |
| <b>6</b> | cold  | - | hot    |  | <b>14</b> | fast  | - | slow  |
| <b>7</b> | come. | - | go     |  | <b>15</b> | fat   | - | thin  |
| <b>8</b> | cool  | - | warm   |  | <b>16</b> | give  | - | take  |

|           |        |   |       |  |           |          |   |        |
|-----------|--------|---|-------|--|-----------|----------|---|--------|
| <b>17</b> | hard   | - | soft  |  | <b>29</b> | open     | - | close  |
| <b>18</b> | here.  | - | there |  | <b>30</b> | question | - | answer |
| <b>19</b> | high   | - | low   |  | <b>31</b> | rich     | - | poor   |
| <b>20</b> | hot    | - | cold  |  | <b>32</b> | sit      | - | stand  |
| <b>21</b> | in     | - | out   |  | <b>33</b> | stand    | - | sit    |
| <b>22</b> | laugh. | - | cry   |  | <b>34</b> | strong   | - | weak   |
| <b>23</b> | left.  | - | right |  | <b>35</b> | tall.    | - | short  |
| <b>24</b> | near   | - | far   |  | <b>36</b> | thick    | - | thin   |
| <b>25</b> | new    | - | old   |  | <b>37</b> | tiny     | - | huge   |
| <b>26</b> | night  | - | day   |  | <b>38</b> | under    | - | over   |
| <b>27</b> | north  | - | south |  | <b>39</b> | up       | - | down   |
| <b>28</b> | on     | - | off   |  | <b>40</b> | winner   | - | loser  |

## Chapter - 5

### Gender

| <b>S.</b> | <b>Male</b> | - | <b>Female</b> |  | <b>S.</b> | <b>Male</b> | - | <b>Female</b> |
|-----------|-------------|---|---------------|--|-----------|-------------|---|---------------|
| <b>1</b>  | boy         | - | girl          |  | <b>14</b> | husband     | - | wife          |
| <b>2</b>  | brother     | - | sister        |  | <b>15</b> | king        | - | queen         |
| <b>3</b>  | bull        | - | cow           |  | <b>16</b> | lion        | - | lioness       |
| <b>4</b>  | cock        | - | hen           |  | <b>17</b> | Male        | - | female        |
| <b>5</b>  | deer        | - | doe           |  | <b>18</b> | man         | - | woman         |
| <b>6</b>  | dog         | - | bitch         |  | <b>19</b> | milk man    | - | milk maid     |
| <b>7</b>  | fox         | - | vixen         |  | <b>20</b> | mother      | - | father        |
| <b>8</b>  | god         | - | goddess       |  | <b>21</b> | peacock     | - | peahen        |
| <b>9</b>  | goose       | - | gander        |  | <b>22</b> | prince      | - | princess      |
| <b>10</b> | grandfather | - | grand mother  |  | <b>23</b> | sir         | - | madam         |
| <b>11</b> | groom       | - | bride         |  | <b>24</b> | son         | - | daughter      |
| <b>12</b> | he          | - | she           |  | <b>25</b> | tiger       | - | tigress       |
| <b>13</b> | horse       | - | mare          |  | <b>26</b> | uncle       | - | aunt          |

# Chapter - 6

| Collective nouns |                      |           |                       |
|------------------|----------------------|-----------|-----------------------|
| <b>1</b>         | A team of players.   | <b>9</b>  | A herd of cattle.     |
| <b>2</b>         | A bunch of keys.     | <b>10</b> | Pair of shoes.        |
| <b>3</b>         | A of students.       | <b>11</b> | A galaxy of stars.    |
| <b>4</b>         | A pride of lions.    | <b>12</b> | A basket of fruits.   |
| <b>5</b>         | A mob of people.     | <b>13</b> | An army of soldiers.  |
| <b>6</b>         | A bundle of sticks.  | <b>14</b> | A bouquet of flowers. |
| <b>7</b>         | A litter of puppies. | <b>15</b> | A crowd of people.    |
| <b>8</b>         | A pinch of salt.     |           |                       |

# Chapter - 7

## Some Phrases

|          |                 |           |                     |
|----------|-----------------|-----------|---------------------|
| <b>1</b> | Good job,       | <b>9</b>  | excuse me,          |
| <b>2</b> | hurry up,       | <b>10</b> | I am sorry          |
| <b>3</b> | walk slowly,    | <b>11</b> | you make me happy   |
| <b>4</b> | have a bath,    | <b>12</b> | I really appreciate |
| <b>5</b> | have a drink,   | <b>13</b> | Put off the shoe    |
| <b>6</b> | keep a promise, | <b>14</b> | put on the coat     |
| <b>7</b> | keep in touch,  | <b>15</b> | what's going on.    |
| <b>8</b> | I like that,    |           |                     |

# Chapter - 8

## Some Proverbs

|   |                                       |
|---|---------------------------------------|
| 1 | Work is worship.                      |
| 2 | Practice make a man perfect.          |
| 3 | Health is wealth.                     |
| 4 | Laughter is the best medicine.        |
| 5 | Well begin is half done.              |
| 6 | An apple a day keeps the doctor away. |
| 7 | Haste makes waste.                    |
| 8 | A friend in need is a friend indeed.  |
| 9 | The pen is mightier than the sword.   |

# Chapter - 9

## Animals' Babies Sound

| S. No. | Animal   | Home          | Young One     | Sound    |
|--------|----------|---------------|---------------|----------|
| 1      | ant      | hill          | small ant     | chirps   |
| 2      | bear     | large forests | cub           | growls   |
| 3      | bee      | beehive       | worker bee    | hums     |
| 4      | bird     | nest          | nestling      | chirps   |
| 5      | bull     | cattle shed   | call          | moos     |
| 6      | cat      | cage          | kitten        | mews     |
| 7      | cock     | pen           | chick         | crows    |
| 8      | cow      | cattle shed   | call          | moos     |
| 9      | deer     | grasslands    | fawn          | grunts   |
| 10     | dog      | kennel        | puppy         | barks    |
| 11     | donkey   | stable        | mule          | brays    |
| 12     | duck     | water         | duckling      | quacks   |
| 13     | elephant | jungle        | baby elephant | trumpets |

|    |               |        |              |             |
|----|---------------|--------|--------------|-------------|
| 14 | <b>fish</b>   | water  | small fish   | purrs       |
| 15 | <b>goat</b>   | pen    | kid          | baas/bleats |
| 16 | <b>goose</b>  | water  | gosling      | squawks     |
| 17 | <b>hen</b>    | coop   | chick        | clucks      |
| 18 | <b>horse</b>  | stable | foal         | neigh       |
| 19 | <b>lion</b>   | den    | cub          | roars       |
| 20 | <b>man</b>    | house  | child        | speak       |
| 21 | <b>monkey</b> | trees  | infant       | chatters    |
| 22 | <b>pig</b>    | sty    | piglet       | grunts      |
| 23 | <b>rabbit</b> | burrow | bunny        | grunts      |
| 24 | <b>rat</b>    | hole   | pinkie       | squeaks     |
| 25 | <b>sheep</b>  | pen    | lamb         | bleats      |
| 26 | <b>snake</b>  | burrow | baby snake   | hiss        |
| 27 | <b>spider</b> | web    | small spider | -           |
| 28 | <b>zebra</b>  | zoo    | small zebra  | brays       |

## Chapter - 10

### Some Action Words

|    |        |    |       |    |          |    |       |
|----|--------|----|-------|----|----------|----|-------|
| 1  | bring  | 13 | draw  | 25 | play     | 37 | swing |
| 2  | brush  | 14 | drink | 26 | pull     | 38 | take  |
| 3  | catch  | 15 | drive | 27 | push     | 39 | think |
| 4  | clap   | 16 | eat   | 28 | read     | 40 | throw |
| 5  | close  | 17 | fight | 29 | run      | 41 | wash  |
| 6  | colour | 18 | give  | 30 | sing     | 42 | watch |
| 7  | come   | 19 | go    | 31 | sit      | 43 | weep  |
| 8  | cook   | 20 | jump  | 32 | sleep    | 44 | work  |
| 9  | crawl  | 21 | laugh | 33 | snatch   | 45 | writ  |
| 10 | cry    | 22 | move  | 34 | stand up | 46 | write |
| 11 | cut    | 23 | open  | 35 | study    |    |       |
| 12 | dance  | 24 | paint | 36 | swim     |    |       |

# Chapter - 11

## Salutation /Greetings

|                                    |                                      |
|------------------------------------|--------------------------------------|
| <b>Hello</b>                       | (While meeting to someone)           |
| <b>Good morning</b>                | (Till 12:00 noon)                    |
| <b>Good afternoon</b>              | (12:00 noon to 4:00 pm)              |
| <b>Good evening</b>                | (4:00 pm to till last meet at night) |
| <b>It's nice to meet you</b>       | (After meeting someone)              |
| <b>It's a pleasure to meet you</b> | (After meeting someone)              |
| <b>Good night</b>                  | (While going to bed)                 |

# Chapter No. 12

## Things we see in the classroom

|                      |                    |
|----------------------|--------------------|
| <b>1. Blackboard</b> | <b>7. Desk</b>     |
| <b>2. Chalk</b>      | <b>8. Fan</b>      |
| <b>3. Duster</b>     | <b>9. Window</b>   |
| <b>4. books</b>      | <b>10. Door</b>    |
| <b>5. Chair</b>      | <b>11. Dustbin</b> |
| <b>6. Branches</b>   | <b>12. Speaker</b> |

# Chapter – 13

## 1- English Song

Clap Clap, Clap  
Clap your hands  
Listen to the music,  
And clap your hands  
stamp your feet

Stamp your feet,  
Listen to the music  
And stamp your feet  
Turn around Turn around  
Listen to the music  
And turn around

## 2. Song

Aaj Hai Sunday, Mauj manao.

It's holly holiday it's holiday.

hey-hey 'a' for apple,

'b' for ball,

'c' for chocolate,

'd' for drink.

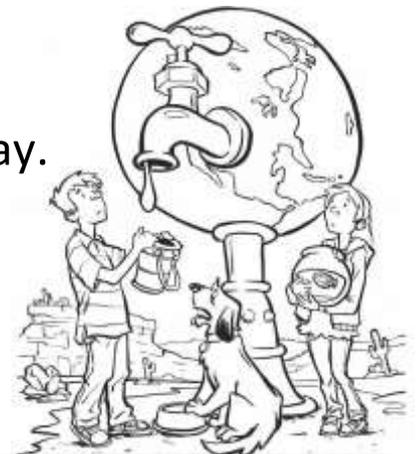
Aaj Hai Sunday Mauj manao

it's holly holiday, it's a holy holiday.



## Chapter - 14

### Compositions



#### 1. An apple

1. It is an apple.
2. It is a fruit.
3. It is colour in red.
4. It is sweet.
5. I like it.

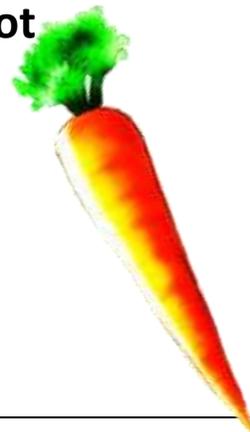
#### 2. The water

1. Water is very important for us.
2. We can't live without water.
3. Water is colourless.



#### 3. Topic Carrot

1. This is a carrot.
2. It is a vegetable
3. It is colour in red.
4. It is sweet in taste.
5. I like it.



# GENERAL KNOWLEDGE

## Chapter - 1

### Flowers

**Q.1.** Which is the national flower of India?

**Ans.** Lotus

**Q.2.** Which flower is the king of flowers?

**Ans.** Rose

**Q.3.** Which flower always faces the Sun?

**Ans.** Sun flower.

**Q.4.** What is the colour of marigold?

**Ans.** Yellow.



## Chapter - 2

### Fruits

**Q.1.** Which is the national fruit of our country?

**Ans.** Mango

**Q.2.** Name two fruits that are not peeled before eating?

**Ans.** Grapes, Strawberry.

**Q.3.** Which fruit colour is the same as its name?

**Ans.** Orange

**Q.4.** Which fruit has eyes on its skin?

**Ans.** Pineapple.

**Q.5.** Which fruit seeds are eaten?

**Ans.** Pomegranate.



## Chapter - 3

### Vegetables

**Q.1.** Which vegetable is used to make ketchup?

**Ans.** Tomato.

**Q.2.** Which vegetables rabbit loves to eat?

**Ans.** Carrot.



**Q.3.** Which vegetable parrot loves to eat?

**Ans.** Chili

**Q.4.** Which vegetable makes us cry.?

**Ans.** Onion.

**Q.5.** Which vegetable is a flower?

**Ans.** Cauliflower.

**Q.6.** Which vegetable has crown on its head?

**Ans.** Brinjal.

**Q.7.** Which vegetable looks like a finger?

**Ans.** Ladyfinger.



## Chapter - 4

### Animals

**Q.1.** Which is the national animal of India?

**Ans.** Tiger

**Q.2.** Which animal leaves in den?

**Ans.** Lion.

**Q.3.** Which animal is called the ship of desert?

**Ans.** Camel.

**Q.4.** Which is the largest animal on the land?

**Ans.** Elephant

**Q.5.** Which animal gives us milk?

**Ans.** Cow.

**Q.6.** Which animal has a baby pouch?

**Ans.** Kangaroo.

**Q.7.** Which animal guards the house?

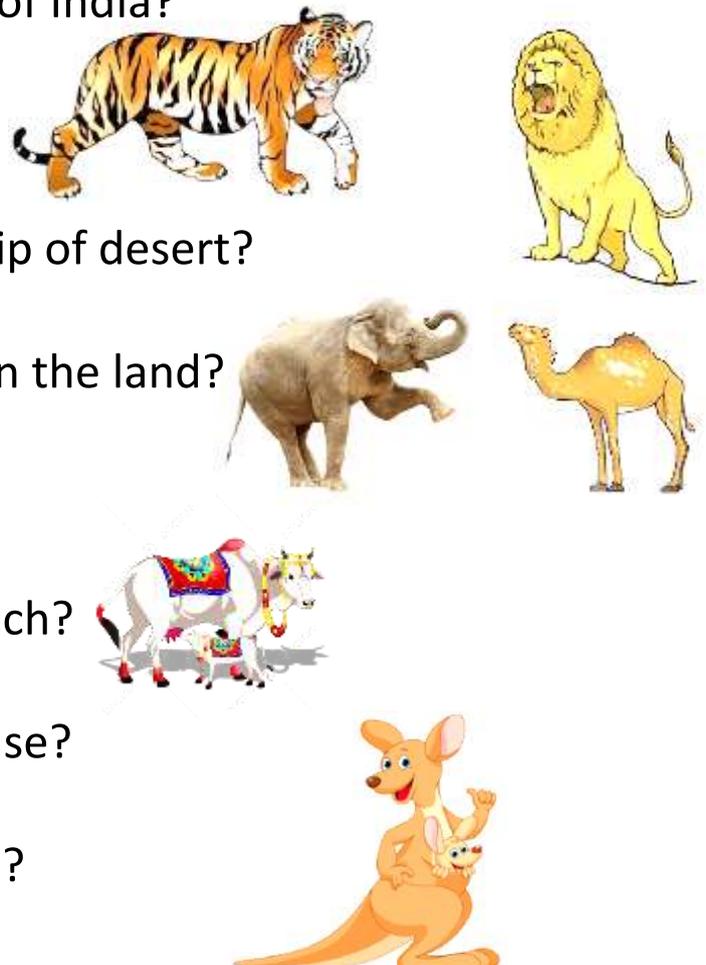
**Ans.** Dog.

**Q.9.** Which is the cleverest animal?

**Ans.** Fox.

**Q.10.** Which animal likes to eat banana?

**Ans.** Monkey.



## Chapter – 5

### Birds

**Q.1.** Which is the national birds of India?

**Ans.** Peacock

**Q.2.** Which is the largest bird of the world?

**Ans.** Ostrich.

**Q.3.** Which bird can see only at night?

**Ans.** Owl.

**Q.4.** What is the colour of crow?

**Ans.** Black

**Q.5.** Which is smallest bird of the world?

**Ans.** Humming bird.

**Q.6.** Which bird is known as postman?

**Ans.** Pigeon.

**Q.7.** Which bird is the king of birds?

**Ans.** Eagle.

## Chapter No. 6

### Home Appliances

**Q.1.** Which machine is used to washing the clothes?

**Ans.** Washing machine.

**Q.2.** Which machine is used sewing the clothes?

**Ans.** Sewing machine.

**Q.3.** Which machine is used to grinding the things?

**Ans.** Mixer-grinder.

**Q.4.** What is used to take photograph?

**Ans.** Camera.

**Q.5.** Where do we watch cartoons?

**Ans.** We watch cartoons on Television.

## **Chapter No. 7**

### **Means of Transport**

**Q.1.** Name any two means of land transport?

**Ans.** Bus and car.

**Q.2.** Name any two means of air transport?

**Ans.** Aeroplane and helicopter.

**Q.3.** Name any two means of water transport?

**Ans.** Ship and boat.

## **Chapter No. 8**

### **Clothes**

**Q.1.** Which clothes do we wear in summer seasons?

**Ans.** T-Shirt and Shorts / Skirt-top.

**Q.2.** Where do we wear gloves?

**Ans.** We wear gloves in hands.

**Q3.** When do we wear jackets?

**Ans.** We wear jackets in winter seasons.

**Q.4.** Where do we wear shocks?

**Ans.** We wear socks in foot.

## **Chapter No. 9**

### **Parts of Body**

**Q.1.** How do you see?

**Ans.** I see with my eyes.

**Q.2.** How do you listen?

**Ans.** I listen with my ears.

**Q.3.** How do you smell?

**Ans.** I smell with my nose.

**Q.4.** How do you taste?

**Ans.** I taste with my nose.

**Q.5.** How do you walk?

**Ans.** I walk with my legs.

**Q.6.** How do you write?

**Ans.** I write with my hand.

**Q.7.** Tell the names of 5 sense organs?

**Ans.** Eyes, nose, tongue, skin, ear.

## Chapter No. 10

### Colours

**Q.1.** What is the colour of your shirt?

**Ans.** \_\_\_\_\_

**Q.2.** What is the colour of Mango?

**Ans.** Yellow🍌

**Q.3.** What is the colour of your hair?

**Ans.** Black

**Q.4.** What is the colour of rose flower?

**Ans.** Red 🌹

**Q.5.** What is the colour of your teeth?

**Ans.** White 😁

**Q.6.** What is the colour of sky?

**Ans.** Sky blue ☁️

**Q.7.** What is the colour of leaf?

**Ans.** green 🍀

**Q.8.** What is the colour of lemon?

**Ans.** Yellow 🟡



## Chapter No. 11

### National

**Q.1.** In which country do you live?

**Ans.** India

**Q.2.** Who is the Prime Minister of India?

**Ans.** Mr. Narendra Modi ji

**Q.3.** In which state do you live?

**Ans.** Uttar Pradesh

**Q.4.** Who is the chief minister of your state?

**Ans.** Mr. Yogi Adityanath ji

**Q.5.** Who is the President of India?

**Ans.** Mrs. Draupadi Murmu

**Q.6.** Who is the king of vegetables?

**Ans.** Brinjal

**Q.7.** Who is our national fruit?

**Ans.** Mango

**Q.8.** What is the national flower of India?

**Ans.** Lotus

**Q.9.** What is the national animal of India?

**Ans.** Tiger 🐅

**Q.10.** What is the national bird of India?

**Ans.** Peacock.

**Q.11.** What is the national tree of India?

**Ans.** Banyan tree 🌳

**Q.12.** Which is the national festival of India?

**Ans** 1. Republic Day

2. Independence Day

**Q.13.** What is the national game of India?

**Ans.** Hockey

# SURYA NAMASKAR

## सूर्य नमस्कार



### Step - 10 Exhale Breath Fully

विधि - 10  
विधि संख्या 3 की तरह है।



### Step - 2 Inhale Breath Fully

विधि - 2  
श्वास अन्दर भरकर सामने से हाथों को खोलते हुये पीछे की ओर ले जायें। दुष्टि आकाश की ओर रहे। कमर को भी यथाशक्ति पीछे की ओर झुकायें।



### Step - 3 Exhale Breath Fully

विधि - 3  
श्वास बाहर निकालकर हाथों को पीछे से सामने झुकाते हुये पैरों के पास जमीन पर टिका दें। यदि हो सके तो हथेलियों को भी भूमि से स्पर्श करें तथा सिर को घुटनों से लगाने का प्रयास करें।



### Step - 9 Inhale Breath Fully



#### विधि - 9

विधि संख्या 4 की तरह। पैर की स्थिति बदलें। इसमें बायें पैर को दोनों हाथों के बीच में रखें।

### Step - 1 Namaskar Mudra नमस्कार मुद्रा

विधि - 1  
सूर्याभिमुख खड़े होकर नमस्कार की स्थिति में हाथों को छाती के सामने रखें।



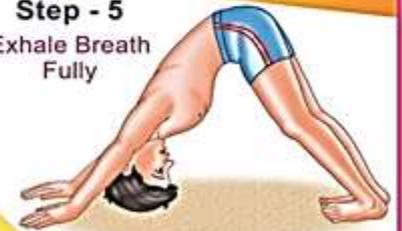
### Step - 4 Inhale Breath Fully

अब नीचे झुकते हुए हाथों की हथेलियों को छाती के दोनों ओर टिका कर रखें। बायां पैर उठाकर पीछे भुजंगासन की स्थिति में ले जायें। दायां पैर दोनों हाथों के बीच में रहें। घुटना छाती के सामने रहे तथा पैर की एड़ी भूमि पर टिकी हुई हो। दुष्टि आकाश की ओर हो, श्वास अन्दर भरकर रखें।



#### विधि - 4

### Step - 5 Exhale Breath Fully



#### विधि - 5

श्वास बाहर निकालकर दाहिने पैर को भी पीछे ले जायें। गर्दन व सिर दोनों हाथों के बीच रहें। नितम्ब व कमर ऊपर उठाकर तथा सिर को झुकाकर नाभि को देखें।



### Step - 8 Exhale Breath Fully

विधि - 8  
विधि संख्या 5 की तरह है।

### Step - 7 Inhale Breath Deeply

विधि - 7  
श्वास अन्दर भरकर छाती को ऊपर उठाते हुए आकाश की ओर दुष्टि रखें, कमर भूमि पर टिकी हुई हो, हाथ एवं पैर सीधे रहें।



### Step - 6 Retain Breath Completely

विधि - 6  
हाथों एवं पैर के पंजों को स्थिर रखते हुए, छाती एवं घुटनों को भूमि पर स्पर्श करें। इस प्रकार दो हाथ, दो पैर, दो घुटने, छाती एवं सिर इन आठों अंगों के भूमि पर टिकने से यह साष्टांगसन है। श्वास-प्रश्वास सामान्य रहे।

